

Adishi-Ushguli

Distance: 28.8 km

Approximate Time: 1-2 days

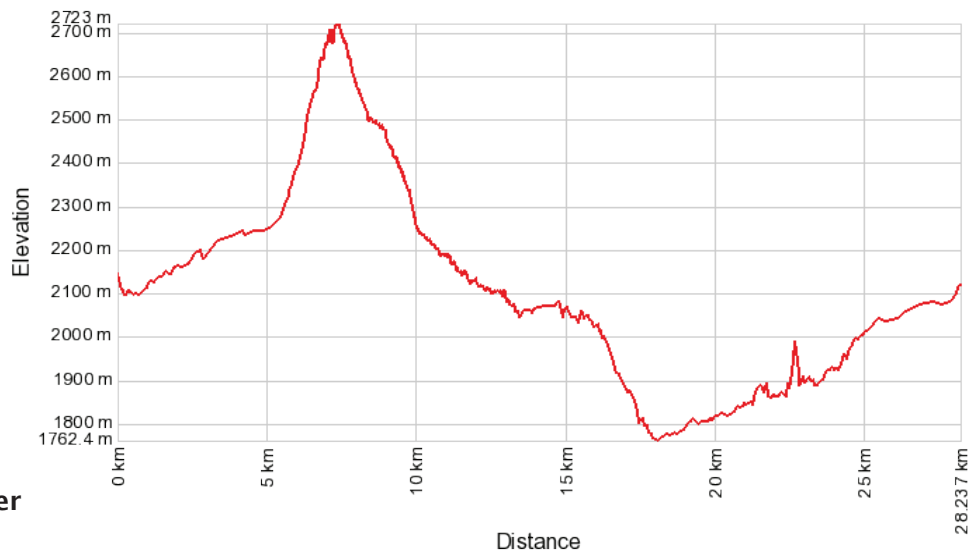
Accumulated Climb: 1424 m

Accumulated Descent: 1448 m

Difficulty Level: Moderate to Difficult

Max / Min Altitude: 2712 m / 1765 m

Blazes: Red and White



Recommended Season: July–October

Route description:

Whether on foot or by horse, it is a good idea to cross the Adishchala River early in the morning when the water is at its lowest. Early in the season (before late July) it is challenging or impossible to cross by foot. Many people cross on foot with great care, but it is not advisable early in summer as the water is high and powerful even in the morning and the rocks are slippery.

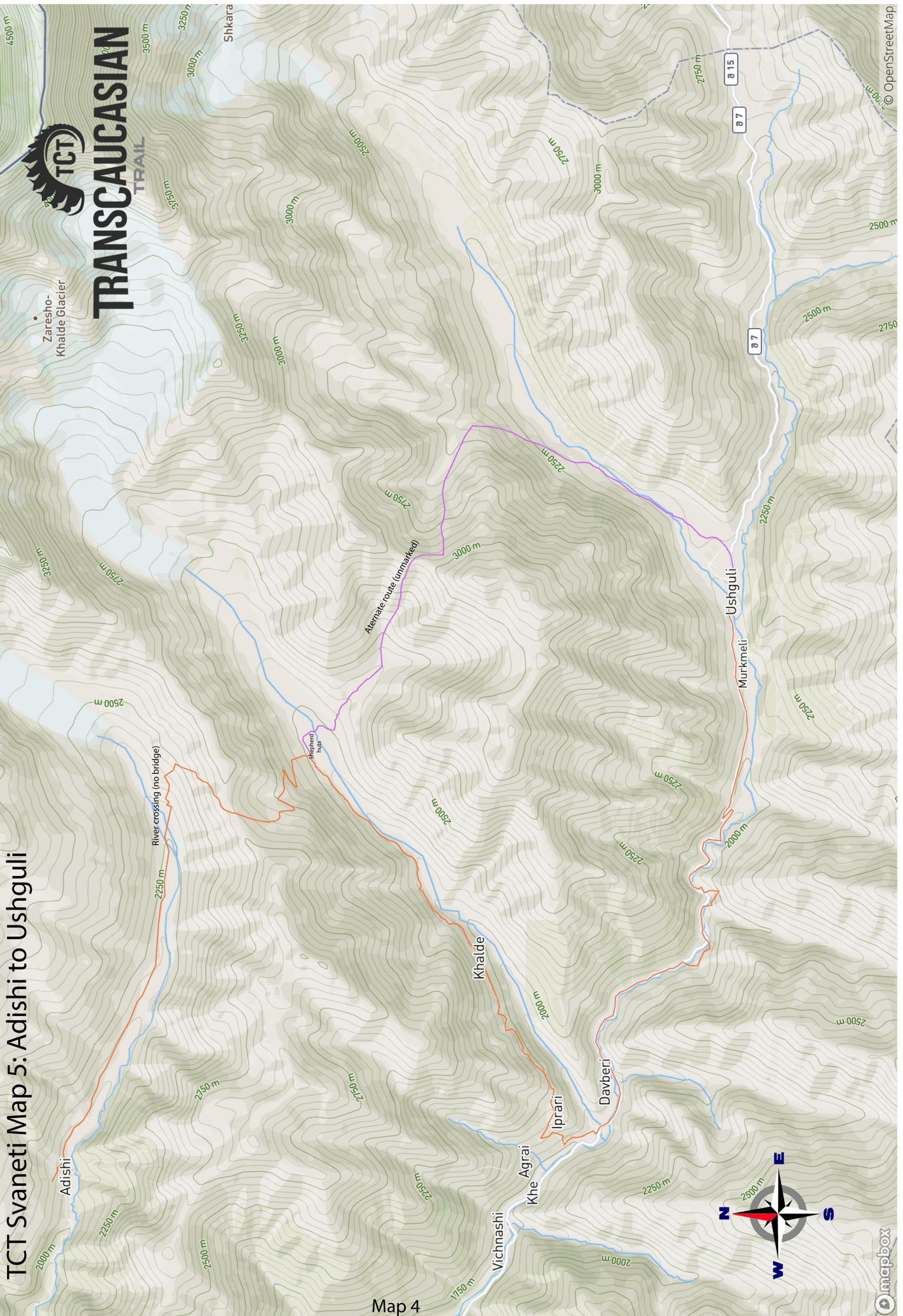
In peak trekking season there are usually some local men hanging around the river on their horses, and they will carry you and your things across on horseback for about 10 lari per person. It costs a bit more if you hire horses in Adishi and ride all the way to the river. If it looks dangerous, it is worth the investment cross on horseback.

Across the river is the trail that leads up to the Chkhunderi Pass. From here it is quite steep and can be rather muddy if there has been a lot of rain. It should take around two hours to reach the pass.

Descend to the valley below where you will meet a jeep track that follows Khaldeschala River, following the north side as it flows down toward the village of Khalde. Continue three kilometers further to reach Iprari.

Many people spend the night in the charming villages of Kala, which is the collective name for the villages here, though it is possible to reach Ushguli in the same day, as it is about a four hour jaunt down the main road. The road is none too exciting, but of course easy to follow. It meanders alongside the might Enguri River before leading to Ushguli.

Alternatively, you can avoid the road by climbing another pass above Khalde. This route is unmarked and difficult to follow, but will be improved in summer of 2018. At the summer cabins above Khalde, you make your way to the river. There is an old bridge that leads to a rough trail. If you can't find the bridge, don't attempt this route. You should use a local guide (ask in Khalde) or, at the very least, a GPS device loaded with the track for this alternative route to find it until it is improved and marked.



TRANSCAUCASIAN TRAIL



Zaresho-Khalde Glacier

Shkara

Alternate route (unmarked)

Shepherd huts

River crossing (no bridge)

Khalde

Khe Agrai

Iprari

Davberi

Vichnashi

Ushguli

Murkmeli

